



**HIGHLANDS COUNTY**  
**DIVISION OF EMERGENCY MANAGEMENT**  
6850 West George Blvd.  
Sebring, FL 33875  
863-385-1112

## **What to Expect in a Shelter**

When disasters occur, general population shelters provide a safe place to stay. General shelters allow approximately 20 square feet per person. However, shelters will not be able to provide the same level of convenience as a family member's home or a hotel. Oftentimes, shelters can be crowded, noisy, boring, and have very little privacy.

## **What to Bring to a Shelter**

***Do not bring anything that is not absolutely necessary for a 24 - 48 hour stay.***

### **Food & Water**

- at least 1 gallon of water daily per person
- any special food needed for dietary purposes
- non-perishable packaged or canned food / juices / snacks
- non-electric can opener

### **Medication and written instructions regarding care and medication**

- at least a 3 to 5 day supply of all medications
- list of all medications and their dosages

### **Blankets / Pillows / Bedding, etc.**

### **Clothing**

- seasonal /rain gear/ sturdy shoes

### **Toiletries**

- hygiene items / moisture wipes

### **Miscellaneous**

- You may bring a cell phone with charger, games, cards, toys, battery powered radios, flashlights, batteries, or other reasonable items you may need.

### **Not Allowed**

- Alcoholic beverages, tobacco or weapons.
- Smoking is not allowed in shelters.
- Pets (only service animals are allowed in shelters).